

5th Annual
Men and Women's Gathering



August 12-14, 2014
Talking Stick Resort
Scottsdale, AZ

Enrique "Hank" C. Feldman
Founder/President
Performing Artist, Composer, Educator



Enrique is an Artist whose influence is worldwide. Born in Tucson, Arizona and raised both in Tucson and San Diego, his mother Victoria was his first musical influence as a vocalist. His highlights include: *Founder and Director of Education, F.A.M.E. Foundation *Co-Founder of Context Method *Senior Facilitator for Arts Integration Solutions *Redleaf Press author of "Living Like a Child" *2-Time Grammy Nominated Film Composer and Artist *Co-Producer of the theatrical show "Dancing in the Universe" *Adaptive Editor of Children's Books for Make a Hand (www.makeahand.com) Together with his wife, Marie Sierra, they raise their children Nick (15) and Samantha (19). His focus educationally is to elevate how teachers and parents use artistic approaches to create autonomous and engaged learners.



Jason "Smoke" Nichols is a direct lineal descendent of "Mato Ska" - Tom Frosted of the Lower Yanktonai Sioux Tribe. Smoke is a dynamic performer and contagious motivational speaker. He engages his audience and inspires with humor and clarity as well as a practical example for positive action. He motivates people to find greatness within themselves and teaches them to share these qualities with others. He inspires our youth to harness their full potential without bowing to peer-pressure and shows that through perseverance and dedication one can gain freedom from fear and destroy discouragement. Smoke's presentation describes memorable experiences for his success, which include strategies for dealing with stress and abstaining from drug and alcohol use. Delivering a combination of personal experience, prevention and recovery, Smoke invites audiences behind closed doors where he provides a message of spirituality, inspiration, and emotional health.



Melissa "MiMi" Nichols is one of today's premiere Native American female motivational speakers. She has a unique and power packed approach to teen-pregnancy, alcohol & drug abuse, self-respect, self-worth, and decision making skills. She addresses real life stress and chaos, inspires with a profound level of HOPE, and ignites much needed compassion amongst our young people all the while addressing personal responsibility and respect in BOTH youth and adults. Her grasp of human conditioning and the power of underlying emotional motives cross all boundaries and makes her message exceptional across cultural, ethnic, religious, gender, age and economic boundaries. She is AWESOME for diverse audiences. Melissa inspires healthy choices through school assemblies, conference keynotes, workshops, and educational programs for communities and parent programs.

Pearl Yellowman



Pearl Yellowman is a member of the Navajo Nation and currently the Adolescent Counselor & Prevention Specialist for the Confederated Salish & Kootenai Tribes, Tribal Health & Human Services, Behavioral Health Department.

Pearl earned a Bachelor's Degree in Social Work, a Master's Degree in Educational Leadership, a Master's Degree in Counseling Education and is currently a Doctoral candidate at the University of Montana, in the Educational Leadership program focusing on the Contributing Factors of the Achievement Gap for Native American students. Pearl resides in Polson, MT with her family. Pearl's traditional teachings include the Ho'zho' which translates into the Navajo Beauty Way.

At present Pearl is providing multi-programmatic clinical, technical, administrative, and implementation in the development and delivery of prevention, intervention (crisis, secondary, tertiary), behavioral health services to children/youth, families, and groups directly and through consultation and collaboration with tribal departments, local public schools and communities. Pearl also provides culturally sensitive modalities through existing services, outside referral services, or through the development of new services. The primary role of providing prevention and intervention services is through the establishment of developing and maintaining community relationships, which is supported by employing Community-Based Participatory principles. Pearl assists in delivering access to quality Behavioral Health services to each school on the CSKT Indian Reservation.

Your Event M.C.



Edward Pacer Reina

Mr. Reina is the Veterans Representative for the Salt River Pima-Maricopa Indian Community. In his current position Mr. Reina works to bring about an awareness of Veterans benefits, programs and issues to those who have served in our Nations Armed Services. In doing so Mr. Reina strives to improve the overall living, financial and social status of not only the Veterans of the SRPMIC but for all Veterans who visit his office. A Veteran of the US Army Airborne, Mr. Reina continues to serve his people not only through his work, but also as a member Education Board for the SRPMIC. Mr. Reina is a single father of five children of whom he says “Running a single parent household is a challenge, but those challenges are worth overcoming in order to see my kids progress as individuals and grow together as a family. Plus to see my children smile, be happy in themselves and who we are as a family, is the greatest gift that I can receive as a father.”



SAVE THE DATE

**MEN AND WOMEN'S GATHERING
2015**

**“HEALING AND STRENGTHENING
OUR NATIVE FAMILIES”**

**JULY 21-23, 2015
TALKING STICK RESORT
SCOTTSDALE, AZ**



5th Annual Men and Women's Gathering

Tuesday August 12, 2014

10:00-1:00pm

Pre-Registration
(Ballroom Foyer)

1:00-4:00pm

General Work Session

Workshops featuring two-time Grammy nominated Artist, Educator, Composer Enrique "Hank" Feldman, will engage attendees with ***Thinking Like DaVinci: Using the Human Body to Create Meaning and Community***, a workshop designed to elevate team building skills and recognize how the human body can be used in the world of engineering and critical thinking and ***Personality Recognition: Understanding Yourself and Your Family Members***, a workshop designed to aid and improve communication skills and interpersonal relationships.

(Ballroom 1, 2, 3)

5:30-8:00pm

Cultural Exchange

An evening of ceremony with various dance and singing groups. Conference participants are encouraged to participate by providing traditional songs or dance from their Native Communities. The evening will end with a traditional O'Odham give away. If you are interested in providing a dance or singing group please contact conference staff. (Ballroom 1, 2, 3)





5th Annual Men and Women's Gathering

Wednesday August 13, 2014

- 8:00-8:45am** **Registration/Breakfast Buffet**
(Ballroom Foyer)
- 9:00-10:00am** **Blessing and opening remarks**
(Ballroom 1, 2, 3)
- 10:00-12:00pm** **Keynote Address** - Keynote speakers, RezHeadz founders, Jason and Mimi Nichols will share their personal story about the loss of their child and how grieving gave way to giving back to their Native communities through motivational speaking and providing healing throughout Indian Country.
(Ballroom 1,2,3)
- 12:00-1:30pm** **Lunch** (provided)
(Ballroom 1, 2, 3)
- 1:30-3:00pm** **Concurrent Breakout Sessions I** *(conference room level downstairs)*
- Roadrunner A** **RAISING HEALTHY SONS**
- Fathers have a significant impact upon growing healthy boys. The messages of masculinity they teach and model for their sons influence their school performance, relationship skills, physical, emotional and spiritual development and their work ethic. This workshop will present 30 tips for raising healthy sons
- Neil Tift, Child Crisis Center*
- Roadrunner B** **“I WASN’T READY TO SAY GOOD-BYE”**
- Siblings are an intricate part of our lives. They help make us who we are. Their death affects us in ways you could never imagine. Everyone’s grief is different and as unique as each one of us and our relationship with our sibling and yet having lost a sibling connects us in a way no one who hasn’t been there could ever understand. In March 2006 my family was hit by a very tragic event when my older sister’s life ended as a result of domestic violence. This event will forever change our lives. Feeling totally helpless Vurlene turned to her faith where she began the journey to healing. Vurlene has now dedicated herself to being a voice and advocate for her late sister and other women and children who are victims of domestic violence.
- Vurlene Notsinneh-Bowekaty, Salt River Pima-Maricopa Indian Community*



5th Annual

Men and Women's Gathering

Roadrunner C

THE SACREDNESS OF PARENTING: HONORING THE STRENGTH OF OUR CULTURE AND VALUES THROUGH CHANGING TIMES

This workshop will focus on the connection between honoring our cultural beliefs and traditions with the changing times. What do we hold on to? How does this change how we parent? What does this mean when using our roots, history and culture as a strength and direction when raising children? Parenting in an urban setting as a Native parent can have its own unique set of challenges; however it also gives the amazing opportunity for success in raising children with character and building a life of success with goals. Owning both our personal and cultural history as strengths when raising children in a changing culture can build protective factors within children with unique values, strength and resilience. This workshop will help parents navigate their own cultural values and beliefs through creating a dialogue between presenter and participants through an experiential presentation and creative representationally expressive activities.

Melody Delmar, Salt River Pima-Maricopa Indian Community-Life Enhancement and Resource Network

Quail D

RELATIONSHIPS: LESSONS LEARNED WHILE AGING

This interactive, experiential workshop will cover observations, reflections and lessons learned over the years as relates to healthy male-female relationships, fatherhood, the role of community elders, positive parenting/grand-parenting, and men's health, with focus on successful models of engagement. Attendees are encouraged to share their stories and time will be allotted for questions and answers.

Dr. Michael Connor, CSPP Alliant International University

Quail E

PUTTING AN END TO TEEN DATING VIOLENCE KAITY'S WAY

Our workshop will bring awareness to the very prevalent issue of teen dating violence by sharing the story of a local high school student that became the victim of an abusive dating relationship in the worst imaginable way. From this story lessons are learned and shared so other families can intervene and/or prevent TDV in their lives. In an effort to balance out the presentation we conclude with the elements of a healthy relationship providing the necessary tools to have on hand for the teenagers in the lives of those in attendance. The content of our workshop would contain: an Introduction, 21 minute video reenactment of Kaity Sudberry's story, followed by a powerpoint presentation which the following is addressed: Pattern of an Abusive dating relationship, warning signs, recent stats, how someone can help, information about Kaity's Law, elements of a healthy relationship. Time permitting we could facilitate a breakout session to prompt further discussion. The attendees will go away enlightened and encouraged.

Bobbi Sudberry, Kaity's Way



5th Annual
Men and Women's Gathering

Quail F

RESTORE BALANCE FOR OPTIMAL HEALTH AND HARMONY

Most of us juggle multiple roles from mom, dad, sole provider, caregiver, community member or leader, employee and much more. Each role comes with many responsibilities that can lead to excess stress, overwhelm, guilt, and self-neglect. This session is for those who want less stress and more energy to focus on what really matters. Participants will pinpoint what is out of balance and learn how to de-stress in 5 minutes or less for a more balanced, fulfilling, and harmonious life at work and home. The various tools and assessments used will increase self-awareness and how to adapt to children so the entire family can benefit.

Grace Marks, MPH, CPC, HSMI, Native Empowerment Solutions for Health and Harmony

3:00-3:15pm

Break

3:15-4:45pm

Concurrent Breakout Sessions II (conference room level downstairs)

Roadrunner A

INDIAN CHILD WELFARE ACT (ICWA)

Since Public Law 95-608, also known as The Indian Child Welfare Act (ICWA), was passed by Congress in 1978 it has been used as a mechanism by Tribes to ensure that families and children have the opportunity to stay connected to their tribal communities and heritage. Recently there have been challenges faced by Tribes in using ICWA to preserve families as it pertains to fathers arising from the court case Adoptive Couple v. Baby Girl. This has implications that may create more challenges in the future. In addition, with the changes at the state level Child Protective Services in Arizona the future remains uncertain on the impact these events have on the preservation of American Indian families. This presentation will provide participants an update on ICWA and the outlook for the future of American Indian family preservation.

*Edwin Gonzales-Santin, MSW, Arizona State University
Christopher Sharp, MSW, MPA, Arizona State University*

Roadrunner B

PROMOTING HEALTH AND WELLNESS USING STRENGTH BASED COMMUNITY INTERVENTIONS AT A HOUSING FIRST PROPERTY

Native American Connections is a leader in promoting the health & wellness as it pertains to behavioral health, affordable housing and community development. Members of the Native American Connections Clinical team are using a strengths based model to treat substance abuse & general mental health in a community setting that includes Housing First (or Permanent Supportive Housing PSH). The clinical team is actively working to promote healing, wellness & resilience as they support healthy community development. Some of the goals and successes of the clinical team include: reduced substance use, improved medical outcomes, reflecting on the



5th Annual

Men and Women's Gathering

gift of housing, self-awareness and taking responsibility to retain housing, awareness of choices in their daily lives and creating a fellowship with their community members. The clinical team wishes to share their story of resiliency, hope and strength as they have and continue to face challenges & work to break the cycles of abuse and neglect & treat people in their home community. We would like to share our model with the Salt River community as a model for how to integrate behavioral health into community settings that ensure housing stabilization. Permanent Supportive Housing uses motivational interviewing to engage homeless people to enter into housing (supported by HUD section 8 voucher) and wraps the residents in enriched services knocking down the barriers between housing and healthcare.

Charollette Duran, BHPP, Native American Connections

Dale Campbell, M.A. BHP Native American Connections

Richard Jimenez, BHPP, Native American Connections

Jordanna Burkett, MC, LPC, Native American Connections

Roadrunner C

GLITTERING WORLD PEOPLE-CHANGING ONES

Discussion of the lives of "the Changing Ones" that lived in the past and how we have moved into a modern society influenced mainly by religion and the laws of the land. Questions can be asked on how to address concerns of family matters and dynamics, the young children, and how to protect "the changing ones." In taking care and protection the LGBTQi and being an ally in your community we can prevent abuse, alcoholism, abandonment, drug addiction, bullying and even suicide.

Myk Redhouse, Native LGBTQi

Quail D

TAKING CARE AND COPING WITH CANCER IN OUR FAMILIES

This presentation will help those families who are taking care of their loved ones with cancer or terminal cancer from diagnosis to after death. They will be able to understand, be educated, and cope while providing care to their loved ones. Objective and goals include: 1) understanding the diagnosis. 2) Studying medications. 3) Importance of family member's health history. 4) Decision making and family members' wishes. 5) Finding the right diet. 6) Assisting with activities of daily living. 7) The importance of taking care of yourself. 8) Preparing for death. 9) Coping with the loss of the family member and loved ones who are left behind.

John M. Sneezy, CAN, Elliot Sneezy-Education and Empowerment, LLC

Quail E

BALANCE AND MINDFUL LIVING FOR THE WORKPLACE AND MORE: Wellness & Prevention for Native Community Worker/Organizer, Family Members, Etc.!

Are you that community organizer that puts together all of our gatherings or do you work at the Tribal TANF office, or maybe you're the person who always organizes the family gatherings? Whether it's a Pow-wow, conference, a wedding, or a funeral things can get Stressful! With the myriad of demands placed on you, taking care of



5th Annual

Men and Women's Gathering

everyone else, it's easy to fall out of balance personally, professionally or both. This workshop will walk participants through some traditional & holistic approaches to self-care in order to help restore balance and guide them to a system of mindful living in and outside of the workplace. Utilizing a talking circle format with feedback interwoven, participants will explore the medicine wheel and progress to an exercise on guided meditation. Throughout the session, the leader will share ways these practices can be used by all participants directly and how to share these practices with co-workers, volunteers, and even family members to promote personal wellness and self-care. The group will talk about using these tools towards wellness & balance in the workplace as well as the possibility of implementing these tools into community workshops & activities to promote wellness & prevention throughout. The overall objective of this workshop is to perhaps re-learn or tap into our Native way of wellness and concepts of living in balance physically, emotionally, mentally, & spiritually. All are welcome to come & learn (or re-learn) whether community worker/organizer or family teacher/organizer!

Kelly Gamboa, Washoe Tribe of Nevada & California

Quail F

Road to Recovery

Alcoholism has been a long time epidemic across Indian country destroying lives, families, and communities along the way. This workshop will be a panel of Native men who will share their stories of darkness to recovery. The men will share their turning points along with strategies and support they received to accept and maintain sobriety.

*Duane Koyawena,
Shawn Namoki
Stewart Easchief
Moderated by Kevin Poleyumptewa*

6:00-8:00pm

ZUMBATHON (Ballroom 1, 2, 3)

Zumba, the energizing dance craze that is sweeping the country, will infuse Hip Hop, Marimba, Salsa and the latest for a fun-filled workout. For Zumba lovers, those that are looking to get fit this summer and those that just love to move their hips to good music, this one is for you!!! Join us for 2 hours of calorie burning fun with some of Arizona's best Zumba instructors.



5th Annual Men and Women's Gathering

Thursday August 14, 2014

- 8:00-9:00am** Registration/Breakfast Buffet
(Ballroom 1, 2, 3)
- 9:00-10:15 am** Keynote Address – Pearl Yellowman, Institute of Native Development
(Ballroom 1, 2, 3)
- 10:15-10:30am** Break
- 10:30-12:00pm** **Concurrent Breakout Sessions I** (conference room level downstairs)

Roadrunner A **IN HER SHOES: NATIVE VICTIMS**

“In Her Shoes” is an interactive and educational walk in the life of a victim of domestic violence. In this walk participants will experience the challenges, obstacles and frustrations many victims and their children go through to get help. In Her Shoes explores the real life experiences of Native women in various situations such as, in a same sex relationship, with a disabled partner, in a traditional marriage, and as a career woman. This workshop will also address the abusive partner’s use of intimidation, coercion, power, and control over the victim. Discussion will be concluded with the follow up resources and materials for support, guidance and information.

Erin Callinan, BA Education, Arizona Coalition to End Sexual and Domestic Violence

Roadrunner B **FAMILY RELATIONSHIPS**

Family can be defined by many as a group of blood relation, clan, folks, tribe, people, blended family, a household. In our community these groups can be made up of mother/father/children, mother/children, father/children, grandparents/grandchildren, aunt/uncle/children and the list goes on. This workshop will focus on family and the activities that can be done within the family structure to strengthen communication and familial bonds with creative art using recycled materials which can be used to enhance small household tasks and bring beauty to the home atmosphere. Presenters will provide a brief introduction and immediately engage the participants in building the craft we have provided while creating an open forum to brainstorm on additional ideas for the group to take home to their families and share with the other workshop participants. Presenters will also provide a brief safety plan for home crafting with their families. Participants will take home their creations and share with their loved ones the art they created.



5th Annual

Men and Women's Gathering

Amy Miguel, SRP-MIC-Community Development Department
Esther Moyah, SRP-MIC-Community Development Department

Roadrunner C

The Survival Kit for Parents of Preteens and Teens™

“The Survival Kit”™ program is a facilitated lesson and interactive discussion for parents of preteens and teens designed to empower parents to be positive leaders in their family, resulting in more effective communication and healthier relationships with their teens. Evidence-based and practical parenting methods are taught through slide presentations, hands on activities and take home tips. Parents gain a variety of techniques to manage the day to day challenges of raising their teens. As parents learn more, they can help their teens achieve greater self-confidence and coping skills to have more success in school and beyond. Together parents and teens not only survive these years but with “The Survival Kit for Parents of Preteens and Teens”™ they can enjoy them too!

The four topics are: * A Style that Works – Parenting Teens to Succeed * The Developing Teen Brain – What’s really Going on in There? * Silence or Yelling? There is Another Choice! (Communication and Cooperation) * Power Struggles Less & Less – Oh YES it Can Be Done

ShaRon Rea, Certified Life and Parenting Coach, The Whole Family Coaching

Quail D

POSITIVE PRACTICES TO ENHANCE EARLY BRAIN DEVELOPMENT AND SOCIAL/EMOTIONAL DEVELOPMENT

Learning and emotions begin at birth. This workshop is designed to help parents and caregivers provide the foundation for lifelong learning and positive relationships. We begin with an overview of early brain development and provide suggestions on how parents and caregivers can help their child develop a healthy brain. We will then discuss specific activities that stimulate early brain development and activities that assist in having young children develop a healthy emotional center. Suggested toys and books will be presented and demonstrated as examples of simple activities that can be done at home, in the car, and in the community. These activities assist the parent or caregiver in developing a secure attachment, a healthy and appropriate expression of emotions, and a foundation for learning.

Marie Raymond, Early Literacy Coordinator, Scottsdale Public Library
Ann Lyn DiDomenico, Lead Parent Educator, Scottsdale Public Library

Quail E

FAMILY REUNIFICATION

The Salt River Pima-Maricopa Indian Community Family Reunification/Preservation Program provides intensive in-home services which are provided to community families with the ultimate goal of preserving Native American families. In this workshop the reunification/preservation team will provide current practices and an overview of strategies that did and didn’t work.



5th Annual Men and Women's Gathering

Ralph Wilson, Salt River Pima-Maricopa Indian Community

Quail F

HE SAID, SHE SAID

Men and women learn to speak, listen and interact in quite different manners. Participants of this workshop will review factors that contribute to the significant differences and offer suggestions on how to become more bi-lingual. This session explores gender communication patterns and will identify strategies to help participants enhance their capacity to communicate more effectively with the opposite sex in a variety of settings.

Neil Tift, M.A. counseling psychology, child crisis center

12:00-1:30pm

Lunch (provided)

1:30-3:00pm

Concurrent Breakout Sessions II (conference room level downstairs)

Roadrunner A

HIS BRAIN, HER BRAIN

As girls and boys grow from infancy through childhood, the gender differences become more apparent in how they each problem solve, communicate, express their emotions, perform academically and develop relationships. We will examine specialized areas of brain development, the impact of hormones and behavior patterns that result from these gender influences. This session will present information to help community agency Staff to develop effective strategies to recognize and respond to these important distinctions.

Neil Tift, M.A. counseling psychology, child crisis center

Roadrunner B

CIRCLE OF WELLNESS

This workshop targets the pressing Native American health disparities that are affecting quality of life. Discussion and resources provided will map out ways to improve and to maintain a healthy Native American lifestyle. This information will ultimately benefit the community and the workplace as a whole.

Candace Johnson-Hampton, MA sports exercise psychology; Certified fitness trainer, CRJH Wellness LLC.

Roadrunner C

True Colors™ Workshop

“The True Colors”™ is a model for understanding yourself and others based on your personality. The True Colors™ are easy to understand, remember and use in your everyday life. Using four color symbols – Orange, Gold, Green and Blue – participants will learn to communicate more effectively and as a result enjoy more cooperative and satisfying personal and professional relationships. True Colors™ helps you uncover different motivations and reasons why you communicate the way you do.



5th Annual

Men and Women's Gathering

Join ShaRon Rea, Life Coach and Founder of “The Whole Family Coaching” in this lively, interactive and eye opening workshop. And remember even though one of the “True Colors”™ may shine bright for you, we have all the colors or “The Whole Family” of colors within each of us!

ShaRon Rea, Certified Life and Parenting Coach, The Whole Family Coaching

Quail D

ORGANIZE YOUR HOME TO FEEL GREAT

This session will provide ideas on how to organize and decorate using common household items. After the presentation, participants will be able to “make and take” a craft project organization item tailored to the storage need of an area in your home. ***Class size will be limited to the first 15 participants.*** Please bring cardboard boxes such as cereal, diaper, oatmeal boxes. Bring colorful old sheets and any fabric that you would like to use to cover a storage container. Materials will also be provided for those who need them. Please join us!!

MaryLynn Marshburn, MPH, RD, MCHES, Salt River Pima-Maricopa Indian community DHHS Prevention and Intervention Program

Quail E

THE CHANGING FACE OF THE DES CHILD SUPPORT SERVICES PROGRAM

This workshop will focus on the importance of establishing legal fatherhood for every child, and the DES Division of Child Support (DCSS) program. This division helps families to establish a child support order; offers to locate services, collection of support, disbursement, case management and more. DCSS is happy to announce that major changes are taking place within the division, and we are now providing a more customer friendly way of doing business. This workshop will cover what we're doing to serve our customers more holistically, so they can in turn, be more self-sufficient. You will learn what you can do to better serve your clients, including information about modern support practices.

Diana Alvarez, DES Division of Child Support
Jillian Seamans, DES Division of Child Support

Quail F

HEALING SELF, COMMUNITY AND ANCESTORS WITH REIKI

In the 1920s a Japanese man names Usui Mikao shared with the world a new form of hands-on healing called reiki. Reiki is Universal Life Force Energy transmitted by one person using the body to channel the healing energy to another. The first level reiki attunement, or Initiation allows a person to use these time honored techniques in order to heal the self. There is a Lakota phrase, “Mitakuye oyasin” as well as a Mayan one, “ In Lak' ech ala k'in,” that when translated speak to the idea that we are all one, all related and part of one another. It is with those phrases that the healing art form of reiki can be applied to oneself. It is through the healing of oneself that a



5th Annual

Men and Women's Gathering

community can begin to heal itself collectively, as well as its ancestors. This presentation includes a brief history of the principles of reiki, a guided group reiki meditation, and level 1 attunement. Workshop participants are limited to 10 individuals of all ages.

Yvonne Esther Nieves, Reiki Master Teacher; Registered Metaphysical Practitioner, Urban Escape Healing Studio

3:00-3:15pm

Break

3:15-4:45pm

Concurrent Breakout Sessions III (conference room level downstairs)

Roadrunner A

EMPOWERING AMERICAN INDIAN WOMEN TO TAKE CHARGE OF THEIR HEALTH

In 2012 and 2013, American Indians (AI) in Arizona had the highest Chlamydia and Gonorrhea rates compared to other populations. Through a curriculum called Native American Sisters Informing Sisters, Talking, Educating, and Reducing Risk (NA SISTER), three tribes in Arizona are educating AI women in their community about how sexually transmitted infections (STIs) can affect their health. The curriculum includes cultural components by the tribes, but also uses group discussions and activities to promote communication among AI women about taking better care of their health and utilizing risk reduction strategies with their partners.

*Gwenda Gorman, BS, Inter Tribal Council of Arizona, Inc.
Beatrice Norton, Hopi Health Care Center*

Roadrunner B

BLENDING FAMILIES: SURVIVAL GUIDE FOR SUCCESS

Give the gift of structure to your family. What is "structure?" It is arrangement, organization, form shape, system, and design. We spend time structuring or organizing our kitchen, our workday, our workout schedules, and our vacations. How about spending time structuring our families? When we know where things are supposed to be and put them there; when we know what we are supposed to do and get it done, and when we know how we are supposed to behave, we have more time to play, be close, solve problems, celebrate, and take care of each other. This workshop will provide the skills and knowledge so that one will gain appropriate tools to set in place guidelines to run an effective family meeting. By the end of this session, participants will be able to give structure to their families, adults set job guidelines and present house rules positively and in written form.

Robert Hickem, Salt River Pima-Maricopa Indian Community

Roadrunner C

COME PLAY AND LEARN WITH US

In this interactive workshop you will play and learn tips to support your child through their educational years. This workshop includes techniques in preparing your child for success. Topics include: Structuring a weekly home routine; Where do I go for help



5th Annual

Men and Women's Gathering

when my child is having conflict at school; Homework expectations; Incentive and praise; Avoiding Truancy.

SRP-MIC-Education Department School and Community Relations Division

Quail D

THE SYNERGY OF RESIDENTIAL AND INTEGRATIVE HEALTHCARE

This workshop will explore the stories, history and integration of health care at the residential treatment sites at Native American Connections (NAC). Substance use and co-occurring disorders have evolved to include primary health care and health promotion as integral components to treatment. Trends for intentional integration by managed care and the natural shift to NAC's programs will be discussed. Clients seeking treatment and presenting with physical problems and chronic health conditions benefit from addressing these issues, concurrently, in a sober, safe and culturally grounded program.

Yvonne Fortier, LPC, LISAC, Native American Connections

Quail E

WHEN PARENTS SPEAK UP, KIDS LISTEN

Did you know.... When parent speaks up, kids really do listen. The decision to wait to have sex is one of the most important decisions a pre-teen can make. As parents, grandparents, guardians, and educators share a common responsibility to guide adolescents as they navigate important life choices, including choices regarding sexual behavior. Come join us in this interactive workshop about how we can better communicate these sensitive topics to our youth.

Glenda Tovar, Inter Tribal Council of Arizona, Inc.

Quail F

INTERSECTIONS OF BULLYING AND SUICIDE

Workshop defines suicide and risk factors associated with suicide specifically bullying (physical, verbal, online). Additionally, the workshop will address warning signs found with individuals, families and communities, and how they relate to our society as a whole. More importantly, the workshop will address how one copes and stays safe while dealing with increasing instances of bullying.

Debbie Manuel, MSW, SRP-MIC Health and Human Services

Workshops are subject to change without notice



5th Annual Men and Women's Gathering

BIOGRAPHIES



Alona Del Rosario joined the Arizona Coalition to End Sexual and Domestic Violence in March 2013 as the Economic Justice Project Coordinator and later transitioned to another department where she currently works as a Public Policy Advocate. She began her career in social services mid-2008, after completing a master's degree in criminal justice from Arizona State University. Alona worked for UMOM New Day Centers for nearly five years, and she spent approximately four years in the domestic violence program where she worked as a legal advocate. At UMOM, Alona supported shelter residents as they navigated the criminal and civil justice systems and assisted them in creating safety plans, obtaining protection orders, and exercising their victims' rights. She has previously volunteered with Kaity's Way and the Human Rights Campaign (HRC). The experience she is most proud of is her 14+ years involvement with Anytown Leadership Camp, a youth leadership development program that addresses appreciation of diversity, conflict resolution, and building inclusive communities.

Amy Miguel is an enrolled member of the Salt River Pima-Maricopa Indian Community and the Senior Environmental Specialist for the Compliance Assistance & Enforcement program of the Environmental Protection & Natural Resources division in the Community Development Department. She holds an Associate of Applied Science degree and has been working for the Community since 2008.

Ann Lynn DiDomenico is the Lead Parent Educator for Scottsdale Public Library where she facilitates programs for children and caregivers.



Bobbi Sudberry Co-founder and Executive Director of Kaity's Way shares her 17 year old daughters story in an effort to put an end to teen dating violence and promote healthy relationships. She also participated in the passage of Kaity's Law. Bobbi has received many awards and nominations over the years for her service to the community from the Governor Attorney General, Arizona Coalition to End Sexual and Domestic Violence, and County Attorney's throughout the state. Bobbi also sits on various committees such as the ACESDV S.H.A.R.E. Committee, West Valley Fatality Review and Order of Protection Task Forces, DV Youth Education Paint Phoenix Purple committee and she is a member of the Arrowhead Kiwanis Club and sits on the board of directors.



5th Annual Men and Women's Gathering

Ms. Johnson-Hampton is a wellness consultant with CRJH Wellness LLC, holds a Master's of Arts degree in Sport and Exercise Psychology, is a certified fitness trainer with the International Sport Science Association and is a certified BodyWorks trainer with the Office on Women's Health. She also has extensive experience presenting and working in the Native American community. Her holistic approach to wellness fosters success within multiple dynamics and populations.



Christopher Sharp, MSW and MPA is Mohave from the Colorado River Indian Tribes. Chris has worked for two years as a Project Coordinator at the ASU Office of American Indian Projects in the areas of program development and evaluation. He serves as the coordinator for the evaluation of GRIC Career Pathways program and as a technical assistance provider for the Tribal MIECHV home visiting programs. He previously has worked at Inter Tribal Council of Arizona, Salt River Elementary School, and served his MSW internships at SRPMIC Social Services and Inter Tribal Council of Arizona.

Dale Campbell, M.A. BHP has worked in the addictions and mental health field for over 35 years, primarily with Native Americans, serving as Clinical Director for the Tohono O'odham Nation, the Pueblo of Isleta, and Social Service Program Director for the California Rural Indian Health Board. Campbell served as a rural mental health clinician in Southeast Alaskan Native villages and was director of the Behavioral Health Services at Mount Edgecumbe PHS Hospital in Sitka as well as Chief Executive of the Sacramento California Urban Indian Program. As an honorably discharged veteran, Campbell has worked with Homeless Veteran Programs in Tucson and in California as well as clinician in two California Department of Corrections facilities in Folsom and Vacaville. Mr. Campbell has lived in both the reservation and urban settings, understands the challenges and hopes inherent across society and its struggle against the addictive process. Currently Mr. Campbell works as a clinician in the Behavioral Health Adult Outpatient Program at Native American Connections in Phoenix.



Debbie Manuel serves as a Community Health Educator with Salt River Pima Maricopa Indian Community and is an enrolled member of the Navajo Nation. With over fifteen years of experience working directly within tribal communities Ms. Manuel has dedicated her professional life's work to empowering the lives of families, youth and adults through community based services. Mrs. Manuel's lifetime effort of supporting families became a part of her professional career choice in 2001 where she began studying the human capacity to solve complex social issues as a student at Northern Arizona University. At NAU she earned her Bachelors of Arts degree in Social Work then advanced to achieve her Advanced Standing Master of Social Work Degree at Arizona State University. Throughout the year, she also services as a Certified Social Work ASU Field Instructor, a registered trainer through Livingworks Suicide Prevention and Step Emergencies trainer.



5th Annual

Men and Women's Gathering



Diana Alvarez has worked for the state for 13 years. She began in the *Child Support Program* Intergovernmental Unit, transferred to the Administrative Review Unit to handle enforcement disputes then was promoted into the Executive Correspondence Unit. Diana currently outreaches to the community to educate parents and community members of the child support program.



Duane Koyawena is a self-taught artist and has been doing art since childhood. He was born in Ft. Wainwright, AK to an Air Force father, Lloyd Koyawena (Hopi), and my mother, Carol Keevama (Hopi/Tewa). Duane is Hopi from Second Mesa, AZ and Tewa from San Juan, NM. He has two older sisters and grew up in Albuquerque, NM where he graduated high school in 1999. He briefly studied liberal arts at community college before moving to Flagstaff AZ in 2002. I have definitely put the struggle in "struggling artist" by having had a serious addiction to alcohol for most of my youth. My art is highly influenced by my father who was also an artist in his own right. Sadly, my father lost his life to alcoholism. The devastating loss of my father ironically influenced my own destructive path with alcohol. It was during this dark period that I felt my art was impure. That all changed in 2008 when I finally began my road to sobriety and reestablished my Hopi way of life. By embracing my traditional teachings and culture, my art is pure again. Drawing/painting inspiration from my past, my sobriety, my family, and most importantly, my Hopi identity - I am better able to affect positive energy to help myself and others live a balanced and happy life. Today, he compliments his art work with a desire to help others. Duane currently works for the Behavioral Health department at the Flagstaff Medical Center. It is through this position that he able to give back. "Striving to live one day at a time for myself and my daughter, I do my best to surround myself with beauty - one pencil or brush stroke at a time."



Edwin González-Santin, MSW is the Director of the Office of American Indian Projects and a Senior Academic Professional at Arizona State University School of Social Work, working for ASU since 1984. Ed serves on various boards and committees including the Arizona Courts Improvements Project Indian Child Welfare Liaison Committee and in 2010 received the Kent C. Ware Lifetime Achievement Award for his service to American Indian communities. In 2012, he received the Presidential Medal for Lifetime Service Achievement. Most recently, Ed received an award from the ASU School Work for his longstanding tenure as Director of OAIP during the 50th Year Anniversary of the School.



5th Annual Men and Women's Gathering

Esther Moyah is the Outreach Coordinator for the Community Development Department. She has been working for the Community for nine years and is an enrolled member of the Salt River Pima-Maricopa Indian Community.



Grace Marks is an experienced and passionate trainer with certifications in life coaching and stress management. She combines her academic background in health education and over 25 years of cross-cultural experiences to customize programs to motivate those ready for long lasting changes. Her business, Native Empowerment, provides solutions for health and harmony for tribal businesses and organizations. Grace has a health column in the Navajo times.

Glenda Tovar is a member of the Cheyenne and Arapaho Tribes of Oklahoma. She works part time in the Teen Pregnancy Prevention Program at the Inter Tribal Council of Arizona, Inc. She graduated with a BA in Sociology from Arizona State University. She has one daughter and enjoys working with all age groups, in communicating about these sensitive topics with Native families.

Gwenda Gorman is Navajo and works with the Inter Tribal Council of Arizona, Inc. She serves as the Health and Human Services Director and works with the tribes on various projects, including teen pregnancy and STI prevention. She currently holds a BS in Family Studies and Human Development. from Arizona State University. She has two teenagers, ages 17 and 15 years old. She enjoys spending time with her family and traveling to new places.



Jordanna Burkett Crist, MC, LPC is an enrolled member of the Navajo Tribe and grew up on the Navajo reservation. She has degrees from the University of Arizona and Arizona State University. She is a former Chief Manuelito Scholar; former American Indians Into Psychology fellow (Oklahoma State University) and is a current participant in a national behavioral health leadership program funded by the Substance Abuse and Mental Health Services Administration/Center for Substance Abuse (SAMSHA/CSAT) called Project LIFT (Leadership Initiatives for Tomorrow)-the program is facilitated by Abt Associates. She has experience working with the underserved in jails, detention centers, public & private mental health facilities, hospitals & substance abuse treatment programs. She has worked on reservations and in urban settings and has experience working in frontier Kansas providing integrated behavioral health services. Jordanna is the clinical supervisor for the adult outpatient behavioral health program at Native American Connections.



5th Annual Men and Women's Gathering

John M. Sneazy is a member of the San Carlos Apache Tribe John Sneazy has worked in the medical field since 1990 beginning a career in the medical records department. There, he gained interest in the Nursing field and furthered his education to become a Registered Nurse in the State of Arizona. He currently holds a license for Certified Nursing Assistance and works as a Home Health Care Provider. Sneazy is also a hoop dancer, singer/songwriter and has traveled nationally and internationally.



Jillian Seamans is a graduate from Arizona State University, and has worked for DCSS for 2 years. Jillian is a member of the Customers Engagement Initiatives committee, focused on changing the way DCSS serves its customers. Jillian currently outreaches to the community to educate parents and community members of the child support program.



Kelly Gamboa is a happily married mother & grandmother, currently employed as the Program Coordinator for the Washoe Tribe of NV & CA. For over nine years she has created and implemented wellness and prevention plans, tools and courses for clients and staff of their Native TANF program. She has previously worked in Indian education as well as drug and alcohol treatment and prevention. Having been clean for 27 years her focus is on incorporating Native tradition in her work with clients and families and specializes in wellness and prevention practices in the workplace and home using strength-based models.



Kevin Poleyumptewa is the Fatherhood and Family Resource Specialist for the Salt River Pima-Maricopa Indian Community. He facilitates the Fatherhood and Healthy Relationships Programs both in the community and in the Salt River Department of Corrections. As program coordinator Mr. Poleyumptewa has improved the capacity of an existing program to assist fathers, families, and children in creating stronger relationships, economic self-sufficiency, and an understanding of cultural importance all while serving community and non-community members. He has assisted the U.S. Attorney's Office-Arizona District in developing an Anti-Gang PSA targeting the Native American Community in Arizona. Mr. Poleyumptewa has also provided workshops for the Arizona Native American Gang Task Force at their annual conference. Workshops provided information to law enforcement and community officials in Indian Country on how community based programs can assist in creating safer communities and provide Native children opportunities for greater success.



5th Annual

Men and Women's Gathering

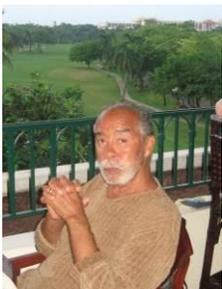


Marie Raymond is the Early Literacy Coordinator for Scottsdale Public Library where she oversees programs and services for children 0-5 and their adult caregivers.

MaryLynn Marshburn holds a Masters Degree in Public Health as well as Master Health Educator Certification. She is known as “Miss MaryLynn” by the first graders at the SRPMIC Elementary School for whom she provides Health and Wellness lessons. MaryLynn has a wide variety of experience with Health Promotion in both the public and private sectors. She has worked with SRPMIC for 7 years.



Melody Delmar is a social worker serving Salt River Pima-Maricopa Indian Community. Melody has worked with families as a Domestic Violence Advocate, Elementary School Social Worker and Parent Educator specializing in Early Childhood. Melody is from Northern Arizona and received her B.S. in Psychology from Northern Arizona University. Melody has served as a community board member of Girls on the Run of Northern Arizona, and the Alliance for Children's Early Success.



Michael Connor PhD. is Professor Emeritus of Psychology at California State University, Long Beach. He is a child-focused, clinical psychologist who has worked with fathers at all stages of their development in an effort to enhance their relationships with their children (expectant dads, dads of neonates, infants, toddlers, preschoolers, primary-aged children and dads of adolescents) beginning in 1971. In 1976, he developed and taught (until retiring in 2008) one of the few university level courses in the country which focuses on fathers (“Fathers and Fathering: A Psychosocial Perspective”). He wrote the “Role of Men” program for the State of California, a program that attempts to enhance the role of fathers with their children (and the mothers of their children) in order to improve overall community opportunity and function. Dr. Connor has published numerous articles about fathers-- his co-edited book, *Black Fathers: An Invisible Presence in America*, /Volume I was published in 2005 followed by Volume II in 2011; he offers workshops for fathers; and he presents his work at numerous local, national and international conferences annually. He consults to numerous community action programs, profit and non-profit businesses and private agencies pertaining to racial-cultural diversity, parenting with focus on dads, healthy child development and male-female relationships. Since January 2009, he has been a professor at CSPP Alliant International University in San Francisco. Dr. Connor, a father and grandfather resides in the East Bay with his spouse, Babette.



5th Annual

Men and Women's Gathering



Myk Redhouse - Ya'at'teéh. My name is Michael Paul Redhouse but most people know me as Myk Redhouse. I am of the Red Running Into Water Clan. I am born for the Clamp Tree Clan. My maternal grandfathers are of the Under His Cover Clan and my paternal grandfathers are of The Red House People Clan. I was born and raised on a 4-acre farm in Shiprock, New Mexico near the San Juan River. The four clans I present myself with and the location of my birth are what make me Dine'. I am a graduate of Arizona State University with a BS in Biology, a graduate of MCC as a Community Health Advocate in Diabetes, and a graduate of Simmons College in Boston, MA in Sports Nutrition.



Neil Tift is the Father Involvement Program Director for the Child Crisis Center in Mesa Arizona. Prior to that, Neil was Director of Operations for the Native American Fatherhood and Families Association. Neil has served as director of training for three national fatherhood organizations, including NFI and NPNFF in Washington DC. Neil was the founding Director of the Fathers' Resource Center in Minneapolis, Minnesota. Neil is a parent educator, university instructor, men's therapist, family mediator, fatherhood consultant, and overweight jogger. Neil is the father of three, grandfather of eleven and foster father of many.



ShaRon Rea, Certified Parenting and Life Coach, Author and Founder of The Whole Family Coaching, has a strong business background with more than 30 years' experience in communication, education, childcare, and public service. ShaRon has an expertise in parenting solutions for co-parenting after divorce, parents raising teens and parents committed to raising happy, well-adjusted children of any age.



Shawn Namoki is a Hopi and member of the Bear Clan from the village of Sipaulovi in Second Mesa, Arizona. Shawn has been in recovery from alcohol and substance abuse for seven years and is now working as a Mentor for the HOPI Substance Abuse Prevention Center. He has been working as a mentor for two years and shares a powerful message about his experience, strength and hope with others in recovery. Shawn is a father of five children, 1 girl and 4 boys. Shawn graduated high school in 1996 and soon went to a vocational school and received his certificate as a Personal Computer Technician and began work at the Hopi Jr/Sr High School for about 4 years as a Computer Specialist until alcohol/drugs took over him and his priorities. Shawn was involved in an alcohol related vehicle accident in 2002 along with his younger brother and severed his left arm during the rollover. Shawn



5th Annual

Men and Women's Gathering

continued to abuse alcohol and later found recovery in 2007. He then went off to continue his education and graduated with honors from Coconino Community College with an Associates of Applied Science Degree in Network Engineering and a member of the Phi Theta Kappa Honors Society of a two year college.

Although, he has credentials to be a successful Computer/Network Specialist he enjoys his work in helping his Hopi/Tewa community members find their Red Road to Recovery. He recently completed the 15 month Hopi Leadership Program, he sits on his village election committee and is also the Vice-Chairperson of the Miss Hopi Committee.

Vurlene Notsinneh-Bowekaty is a member of the Jicarilla Apache Nation in Dulce, NM. Prior to returning to school full time she worked for the Pueblo of Zuni for 15 years as a Substance Abuse Counselor/Prevention Specialist. In April 2011 she earned her BS in Human Services from the University of Phoenix and was hired as a Health Educator by SRP-MIC. Currently Mrs. Notsinneh-Bowekaty provides community education and awareness on domestic violence and other health related topics to the schools and community members. She also heads the Coordinated Community Response Team for (DVSA), a 20 member group that consist of various professionals within SRPMIC that has provided several activities, events, and workshop events.

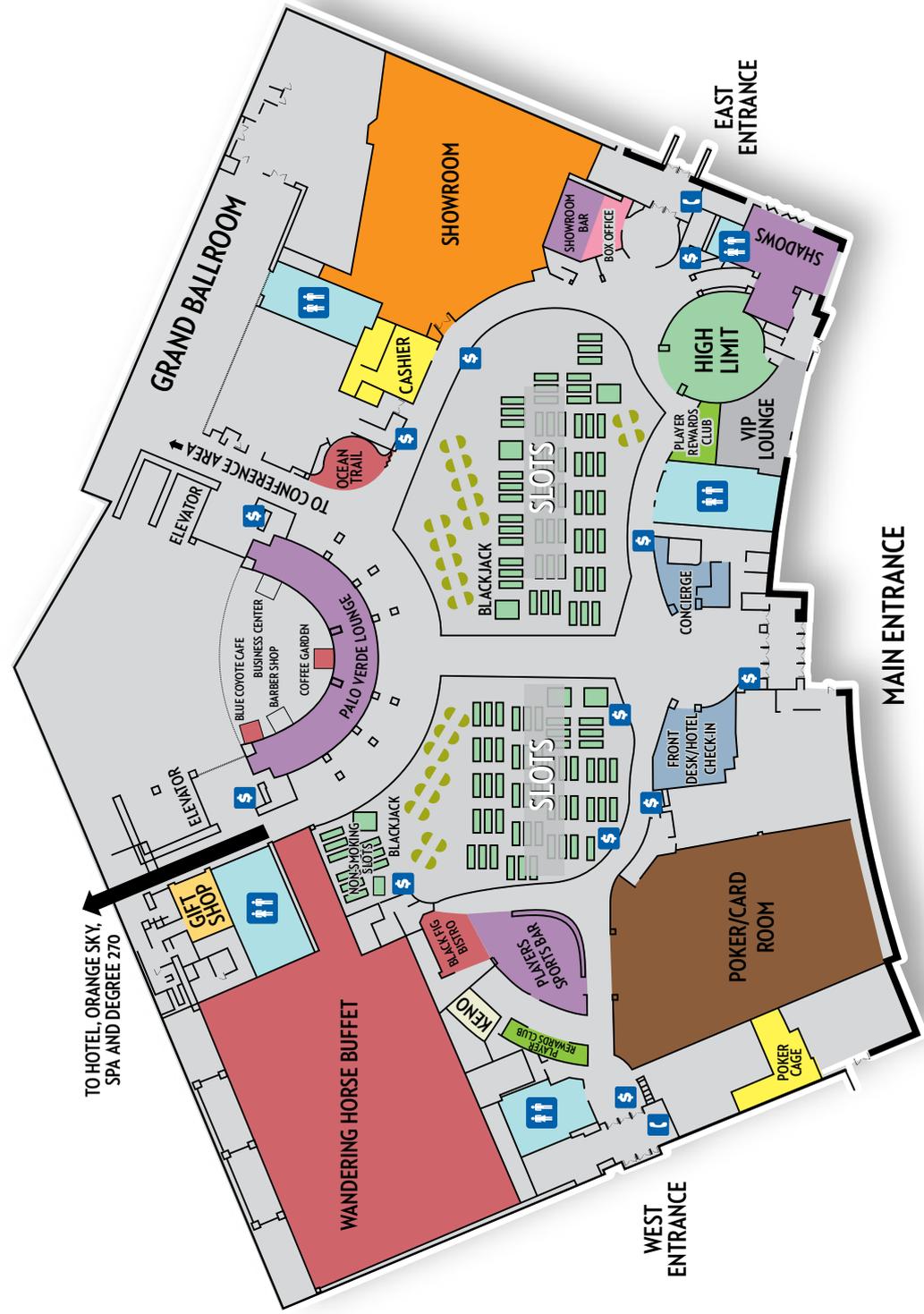
Yvonne Fortier is Director of Clinical Services at Native American Connections. She is licensed as an LPC and LISAC. Yvonne is a cultural trainer, author and mentor/advisor to college/university students. She has written and culturally-adapted curricula for children, adolescents and families, and practices and mentors in plant and spiritual healing, combining this healing with evidence-based practices in counseling.



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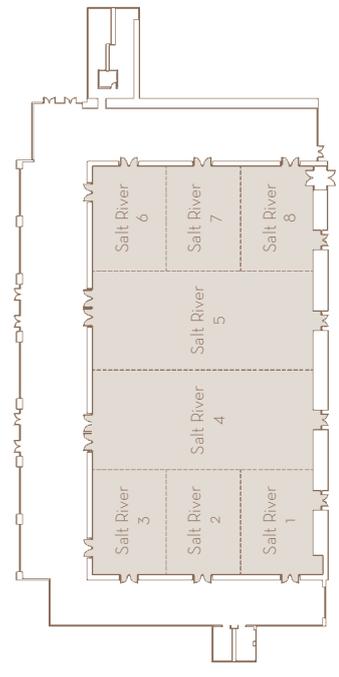
Yvonne Esther Nieves is a certified Reiki Master Teacher, holding a Bachelor's of Arts degree in anthropology. She is a Registered Metaphysical Practitioner through the World Metaphysical Society. Yvonne is a team member and practitioner of integrative reiki and crystal therapy at Urban Escape Healing Studio in Chicago where she organizes and facilitates Community Healing Days on a monthly basis. She is twice published in the Shades of Faith anthologies by Crystal Blanton and is initiated into the Yoruban religion

TO HOTEL, ORANGE SKY, SPA AND DEGREEE 270



- Restrooms
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- Dining
- Entertainment
- Table Games
- Slots
- Keno
- Bar/Lounge

SALT RIVER GRAND BALLROOM



CONFERENCE CENTER

